



# February



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> Body Flow 6:15 PM - C Body Pump 7:30 PM - C	<b>2</b> Body Pump 5:30 AM - K Body Pump 8:30 AM - C Body Pump 4:30 PM - J	<b>3</b> Body Flow 8:30 AM - C	<b>4</b> Body Pump 8 AM - J
<b>5</b> 	<b>6</b> Body Pump 8:30 AM - C Body Pump 7:30 PM - K	<b>7</b> Body Pump 5:30 AM - K Body Flow 8:30 AM - C Body Pump 4:30 PM - J Zumba 7:30 PM - L Zumba at Grade School	<b>8</b> Body Flow 6:15 PM - C Body Pump 7:30 PM - C	<b>9</b> Body Pump 5:30 AM - K Body Flow 8:30 AM - C Body Pump 4:30 PM - J	<b>10</b> Body Pump 8:30 AM - C	<b>11</b> Body Pump 8 AM - K
<b>12</b>	<b>13</b> Body Pump 8:30 AM - C Body Pump 7:30 PM - J	<b>14</b> Body Pump 5:30 AM - K Body Flow 8:30 AM - C Body Pump 4:30 PM - J Zumba 7:30 PM - L Zumba at Grade School	<b>15</b> Body Flow 6:15 PM - C Body Pump 7:30 PM - C	<b>16</b> Body Pump 5:30 AM - K Body Flow 8:30 AM - C Body Pump 4:30 PM - J	<b>17</b> Body Pump 8:30 AM - C	<b>18</b> Body Pump 8 AM - C
<b>19</b>	<b>20</b> Body Pump 8:30 AM - C Body Pump 7:30 PM - K	<b>21</b> Body Pump 5:30 AM - K Body Flow 8:30 AM - C Body Pump 4:30 PM - J Zumba 7:30 PM - L Zumba at Grade School	<b>22</b> Body Flow 6:15 PM - C Body Pump 7:30 PM - C	<b>23</b> Body Pump 5:30 AM - K Body Flow 8:30 AM - C Body Pump 4:30 PM - J	<b>24</b> Body Pump 8:30 AM - C	<b>25</b> Body Pump 8 AM - J  FROZEN TURKEY 5K RUN/WALK
<b>26</b> 	<b>27</b> Body Pump 8:30 AM - C Body Pump 7:30 PM - J	<b>28</b> Body Pump 5:30 AM - K Body Flow 8:30 AM - C Body Pump 4:30 PM - J Zumba 7:30 PM - L Zumba at Grade School	<b>29</b> Body Flow 6:15 PM - C Body Pump 7:30 PM - C			
		FROZEN TURKEY 5K RUN/WALK Saturday, February 25th, 2012 Race starts at 10AM Registration: \$25 Includes Shirt! Come Join Us!!				